



ideal

MEALS

for  
Schools

Term Five

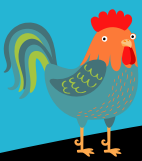
APRIL 13TH - MAY 22ND

# Welcome to our Term 5 Menu!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can view allergens when ordering online.

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



**SIMPSONS  
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.

**JHULL**  
WHOLESALE  
QUALITY FRESH PRODUCE

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

**Bloomsbury**  
BAKERY

More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

# Upcoming Theme Days

Fri  
24th  
April

## The London Marathon Theme Day

The London Marathon is one of the most incredible and iconic running events of the year! More than 56,000 runners are expected to tackle the 26.2-mile course on Sunday, April 26th, making history as the largest marathon in the world.

Get ready to fuel up like a champion with our energy-packed, London Marathon-themed school lunch menu!

## NATIONAL SUPERHERO DAY

Tues  
28th  
April

Superheroes come in all shapes and sizes, and it isn't the superpowers they possess that we most admire—but what those abilities can do for the greater good of others. From doctors to nurses, teachers to firefighters, real-life superheroes are all around us, doing amazing things to help people every day.

Celebrate your inner hero with our specially crafted National Superhero Day menu! Packed with energy and colorful flavors, every bite is designed to power you up for a day of heroic adventures.

## VE DAY

8TH MAY

Fri  
8th  
May

Victory in Europe Day reminds us of courage, community, and coming together to celebrate! Just like the street parties of 1945, today's lunch is full of fun, color, and flavors that bring everyone together.

Get ready to join the party with a menu packed with tasty treats and hearty favorites, perfect for celebrating with friends.

## EAT THE RAINBOW CHALLENGE

Monday 11th – Friday 15th May

This week, we're celebrating all the colors of the rainbow! Eating a rainbow of fruits and vegetables isn't just fun—it's a super way to give your body the vitamins, minerals, and energy it needs to stay strong, healthy, and ready for anything.

How many colours of the rainbow can you eat this week?

Download a copy of our challenge chart as you enjoy your fruits and veggies, at school and at home.

[idealschoolmeals.co.uk/EatTheRainbow.pdf](https://idealschoolmeals.co.uk/EatTheRainbow.pdf)

Tues  
21st  
May



## School Meal Extravaganza

Join us for a prize-packed lunch full of tasty food and fun rewards!

By choosing a school lunch this School Meal Census Day, you not only get a chance to win an amazing prize but also help bring extra funding to your child's school.

Children from participating schools could snag a bake-at-home cookie bag—yummy and fun all in one!

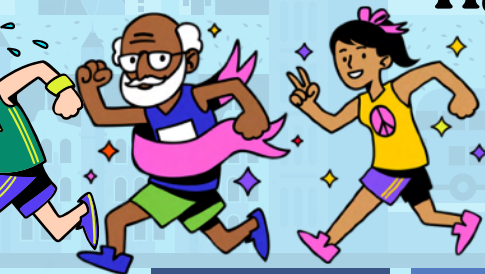




	Monday 13th April	Tuesday 14th April	Wednesday 15th April	Thursday 16th April	Friday 17th April
Lunch Option 1	Cheese & Tomato Pasta Bake & Bread Selection	Roast Chicken	The Ideal Brunch - Lincolnshire Sausage	Mega Mild Beef & Vegetable Chilli & Rice	MSC Battered Fish
Lunch Option 2	<b>NOT AVAILABLE THIS WEEK</b>				
Lunch Option 3	Mild Vegetable Curry & Jacket Potato	BBQ Quorn Fillet	Veggie Brunch - Quorn Sausage	Mild Mexican Bean Wrap	Breaded Vegetable Fingers
1, 2 & 3 served with	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Baked Beans	Mixed Vegetables	Potato Wedges, Peas, Sweetcorn & Mayonnaise
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Fruit Salad & Ice Cream	Tutti Frutti Biscuit	Apple & Fresh Cream Sponge Cake	Cocoa Oat Cookie	Toffee Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# The London Marathon Theme Day



	Monday 20th April	Tuesday 21st April	Wednesday 22nd April	Thursday 23rd April	Friday 24th April
<b>Lunch Option 1</b>	MSC Breaded Fish Fingers	Creamy Tomato Pasta & Bread Selection	Mild & Creamy Coconut Chicken Curry & Rice	Roast Beef	Marathon Chicken Burger, Fresh Roll & Ketchup
<b>Lunch Option 2</b>	1/2 Cheese & Tomato Pizza Bagel	Quorn Sausage, Baked Bean & Cheesy Mash Pie	Creamy Chicken & Broccoli Bake & Rice	Ham & Cheese Puff Pastry Pocket	Spectator Picnic Bag - Ham Sandwich, Cheese Chunk, Crudités & Cupcake & Fruit
<b>Lunch Option 3</b>	Breaded Quorn Dippers	Mega Mild Mixed Bean Chilli & Rice	Cheese Filled Potato Shells	Savoury Minced Quorn	Champion Cheese & Tomato Pizza Baguette
1, 2 & 3 served with	Oven Chips, Peas & Ketchup	Mixed Vegetables	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Baked Beans & Crudités
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Fruit Crumble & Custard	Ice Cream Sponge Roll	Jam Swirl Cake & Custard	Chocolate Cracknel & Orange Wedge	Smiles for Miles Cupcake
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# NATIONAL SUPERHERO DAY

	Monday 27th April	Tuesday 28th April	Wednesday 29th April	Thursday 30th April	Friday 1st May
<b>Lunch Option 1</b>	Bacon Mac' Cheese	Ninja Turtle Pizza (Ham)	Roast Chicken	Beef Lasagne	MSC Breaded Fish Cake
<b>Lunch Option 2</b>	Quorn Bolognese Pasta Bake	Superman Sausage Roll	Ham, Cauliflower & Broccoli Bake	BBQ Chicken Baguette	Cheese & Bacon Turnover
<b>Lunch Option 3</b>	Potato Lentil & Vegetable Curry with Rice	Incredible Hulk Veggie Fingers	Quorn Sausage Casserole	Vegetable Lasagne	Cheese & Bean Pastry
1, 2 & 3 served with	Mixed Vegetables	Super Oven Chips, Beam Me Up Baked Beans & Heroic Crudités	Diced Roast Potatoes & Mixed Vegetables	Mixed Vegetables	Mashed Potato, Peas & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Raspberry Jelly	Snap, Crackle & Pop Crispie Finger	Oat Cookie	Toffee & Banana Sponge Cake with Custard	Peaches & Squirry Cream
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# VE DAY

## 8TH MAY

	Monday 4th May	Tuesday 5th May	Wednesday 6th May	Thursday 7th May	Friday 8th May
Lunch Option 1		Cheese & Tomato Pasta Bake & Bread Selection	BBQ Chicken Breast	MSC Breaded Fish Fingers	Street Party Hot Dogs - Lincs Sausage, Fresh Roll & Ketchup
Lunch Option 2		Mild Mixed Bean Chilli & Baked Potato	Cheesy Beef & Potato Bake	Salmon Quiche	Buffet Platter - Ham & Cheese Sandwich with Spitfire Sausage Roll
Lunch Option 3		Quorn Sausage, Baked Bean & Cheesy Mash Pie	Quorn Fishless Fingers	Cheese Flan	Street Party Quorn Hot Dog, Fresh Roll & Ketchup
1, 2 & 3 served with	BANK HOLIDAY	Mixed Vegetables	Potato Wedges, Coleslaw & Sweetcorn	Mashed Potato & Baked Beans	Herby Diced Potatoes & Crudités
Lunch Option 4		Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5		Cheese Baguette	Sliced Ham Baguette	Egg Mayo Baguette	Sliced Ham Baguette
4 & 5 served with		Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D		Ice Cream Sponge Roll	Shortbread Finger & Melon Slice	Chocolate Pear Sponge & Chocolate Sauce	Victory Victoria Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

# EAT THE RAINBOW CHALLENGE



	Monday 11th May	Tuesday 12th May	Wednesday 13th May	Thursday 14th May	Friday 15th May
<b>Lunch Option 1</b>	Macaroni Cheese & Bread Selection	Mild & Creamy Coconut Chicken Curry & Veggie Rice	Beef Lasagne	MSC Battered Fish Fillet	Lincolnshire Beef Burger, Fresh Roll & Cheese
<b>Lunch Option 2</b>	Quorn Bolognese Pasta Bake	Creamy Ham & Cheese Pasta	Cheese & Veggie Potato Shells	Ham & Cheese Puff Pastry Pocket	BBQ Chicken Pizza Slices
<b>Lunch Option 3</b>	Mild Mexican Bean Wrap	Cheese & Tomato Pasta Bake	Quorn & Vegetable Cottage Pie	Roasted Vegetable Quiche	Quorn Patty, Fresh Roll & Cheese
1, 2 & 3 served with	Rainbow Salad	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes & Baked Beans	Spaghetti Loops & Rainbow Crudités
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Pancake with Banana & Strawberry Sauce	Vanilla Sponge with Fresh Cream & Fruit Topper	Tutti Frutti Biscuit	Toffee & Mandarin Sponge Cake	Summer Berry Muffin
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# School Meal Extravaganza

	Monday 18th May	Tuesday 19th May	Wednesday 20th May	Thursday 21st May	Friday 22nd May
<b>Lunch Option 1</b>	Cheese & Tomato Pizza Slices & Ketchup	Beef Bolognese Pasta	Roast Chicken & Mashed Potato	Winner Winner, Sausage Brunch Dinner	MSC Breaded Fish Fingers
<b>Lunch Option 2</b>	Bacon Mac 'Cheese	Cheese & Ham Slider	One Pot Chicken, Onion & Pepper Fajita Rice	Champion Cheese & Bacon Turnover	Sliced Gammon Ham
<b>Lunch Option 3</b>	Mega Mild Bean Chilli & Rice	Quorn Bolognese Pasta	Creamy Vegetable Puff Pastry Pie & Mashed Potato	Contest Cheese & Potato Pasty	Mixed Bean & Rice Burrito
1, 2 & 3 served with	Peas & Sweetcorn	Rainbow Salad Platter	Mixed Vegetables	Showdown Hash Brown & Battle Baked Beans	Diced Roast Potatoes, Peas & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Jelly & Mandarins	Cocoa Oat Cookie	Vanilla Sponge with Buttercream & Strawberry Drizzle	Competition Chocolate Cracknel	Ice Cream Sponge Roll & Fresh Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# **We love to talk about what we can offer your children**

**We are always on hand to answer any questions in relation to our service.**

**Contact us at any time using the details below.**

## **Telephone**

**01522 246424**

## **email**

**[enquiries@idealschoolmeals.co.uk](mailto:enquiries@idealschoolmeals.co.uk)**

**Follow us on social media.**

**It's a great way to see some of the meal options on offer.**



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